

THRIVE TIMES FEBRUARY NEWSLETTER

SUPER BOWL LVII IS SET!

Fly, Eagles Fly! Our home team hasn't been to the big game since 2018, and we are ready to watch them soar. There is still plenty of time to get Eagles gear for the entire family, including the dog. The Super Bowl is always one of the most anticipated sporting events of the year — from gathering with friends and family, indulging in delicious food, and checking out the over-the-top commercials, to watching the big game, it's a tradition we love to enjoy. Here are a few ideas to help you make the day a winner.

Here's How to Build the Ultimate Game Day Spread

“Dave’s Guacamole Dip”

Any great tailgate or party has to include some sort of dip, and a Super Bowl party is no exception. Our *Senior Managing Director* David loves to bring his own take on this classic dish by mixing roasted serrano peppers into smashed avocado with fresh spices and herbs for the ultimate experience.

Play Some Games

Keep the competition alive with adult party games, like team and city trivia or football bingo. Turning the Super Bowl commercials into bingo will be sure to be entertaining if your visitors are more interested in the commercials than the game. Bake some football-shaped cookies to hand out as prizes.



SUPER BOWL LVII IS SET!



Part 2

Build a Snack Stadium

To be the envy of all your friends (and the star of their Instagram stories) build yourself a snack stadium. Fill a few cardboard boxes or aluminum pans with all your favorite snacks (including some of these healthy Super Bowl recipes, for a well-balanced selection). Make a field out of a frosted cake and place it in the center. Learn how to build a snack stadium with this step-by-step guide.



Wing It

The staple of any great sports viewing party is a tray of chicken wings. Prepare a range of flavors from extra spicy to sweet and mild and have a few dipping sauces on the side. Everyone loves chicken wings, so why not look into hosting a wing-off for your party? Get your guests to bring a small serving of different chicken wings with a variety of flavors and vote on the best one! Take a look at our recipe here from our *Senior Marketing Associate* Audrey for the perfect wings for any party.

Pick a Winning Dessert

There's no better way to wash down all those wings and beers than with a sweet and decadent Super Bowl dessert! Help ease the pain for the losing team with a crowd-pleasing classic like football-shaped brownies. Take a look at our recipe here from our *Seminar Coordinator* Heather for her brownie recipe!





HOW TO MAKE THE MOST OF YOUR RETIREMENT

After years of working hard, you finally get to enjoy your retirement! But what now? It can be tough to figure out how to fill your time after years of having a set work schedule. Luckily, there are plenty of things you can do to make the most of your retirement.

Here are a few ideas to get you started.

Travel

One of the best things about retirement is that you finally have the time to travel. See all the places you've always wanted to go without having to worry about taking time off from work. Whether you want to stay close to home or venture out internationally, there are plenty of options for amazing places to visit. And with all that extra time, you can relax and enjoy exploring everything each destination has to offer.

Learn a New Skill

With all that extra time on your hands, why not learn something new? There are plenty of classes available for retirees looking to learn a new skill or hobby. Or if you're feeling particularly adventurous, you could even teach yourself something completely new. Learning keeps your mind sharp and can help stave off boredom or feelings of isolation.

Get a Part-Time Job

Just because you're retired doesn't mean you have to stop working altogether. If you're looking for a way to keep busy and earn some extra money, getting a part-time job can be a great option. There are plenty of jobs out there that are perfect for retirees who only want to work a few hours each week. And who knows, maybe you'll end up enjoying it so much that you'll decide to stay on full-time!

Volunteer

Giving back is a great way to make use of your retirement years. Not only will you be making a difference in your community, but you'll also get to meet new people and make some great friends along the way. Volunteering is a great way to stay active and engaged in your community.

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Spend Time with Family and Friends

One thing about retirement is that you finally have the time to spend with the people you love most. Whether it's going on weekly coffee dates with your old friends or taking your grandkids out for ice cream, make sure to take advantage of having more free time by spending it with the people who matter most in your life.

Retirement is an exciting time full of possibilities. It's important to find ways to stay active and engaged during this phase of your life so that you can make the most of it. Luckily, there are plenty of things retirees can do to pass the time and keep themselves entertained. From traveling and learning new skills to volunteering and spending time with family and friends, there's no shortage of things retirees can do to enjoy their golden years!



COMPANY UPDATES



We're Hiring!

We are searching for experienced industry experts to join us in our mission to provide education, leadership, and awareness to the Greater Philadelphia Area regarding retirement and creating financial security for the families that we serve. [Click here](#) to apply!

Podcasts

New episodes air every Saturday and Sunday! If you miss it on the radio, make sure you listen to it on our website or any of your favorite music platforms. Our show provides useful tips, stories, and actionable advice for anyone looking to level up their retirement. [Click here](#) to tune in now to discover what's possible!



Upcoming Birthdays

Happy Birthday to **Brittany Hodge & Jeff Walker!** We are so grateful for everything you do for us and our clients, and we wish you a day full of happiness and joy! Enjoy your special day!

New Team Members

Congratulations to our newest team members **Stroud Hellebusch, Grant Frederick, and Beth DeMalavez!** We are thrilled to welcome you to our team and look forward to all the amazing work you will do. We know you will bring enthusiasm and passion for our mission to our organization. We can't wait to see what great things you accomplish! Welcome aboard!



UPCOMING WORKSHOP CALENDAR

February 2023

For First-Time Attendees ONLY

Wednesday, February 15th at 6:00 PM

Riverwinds

1075 Riverwinds Dr,
West Deptford, NJ 08086

Wednesday, February 15th at 6:00 PM

Radnor Valley Country Club

555 Sproul Rd,
Villanova, PA 19085

Thursday, February 16th at 6:00 PM

Marshallton Inn

1300 W Strasburg Rd,
West Chester, PA 19382

Tuesday, February 21st at 6:00 PM

Riverwinds

1075 Riverwinds Dr,
West Deptford, NJ 08086

Wednesday, February 22nd at 7:00 PM

Montgomery Township Community Center

1030 Horsham Rd,
Montgomeryville, PA 18936

Thursday, February 23rd at 6:00 PM

Marshallton Inn

1300 W Strasburg Rd,
West Chester, PA 19382

Tuesday, February 28th at 7:00 PM

Montgomery Township Community Center

1030 Horsham Rd,
Montgomeryville, PA 18936

Can't attend in person?

Sign up for our webinar!

Tuesdays OR Thursdays at 11:30 AM
OR 6:30 PM

*Limited Seats Available

[CLICK HERE TO REGISTER TODAY](#)

Questions? Let's Get Connected:



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